

# EMPLOYEE SAFETY PROGRAM

#### **ORIENTATION AND TRAINING**

# "I HAVE YEARS OF EXPERIENCE" "IT WON'T HAPPEN TO ME"

#### **REGARDLESS OF:**

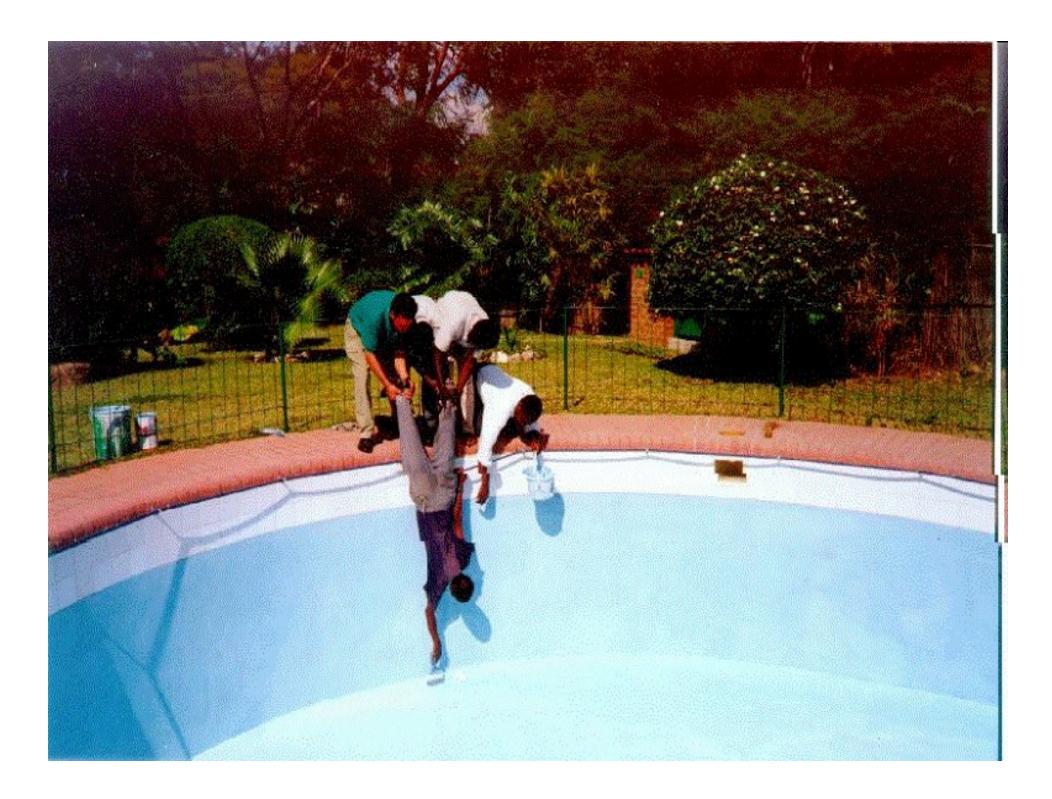
- How many times you have performed the job task...
- How skilled you are master of the trade or tools...
- How much experience you have...
- How long you have been doing the job...



#### Why a Safety Program?

- Prevent work related injuries and deaths.
  - 97% of all work related injuries are caused by employee actions.
  - 6,000 work related deaths each year in the United States.
  - 600 work related deaths each year in Texas.







#### Why a Safety Program?

To send employees home the way they came to work everyday.

# COMPANY SAFETY AND HEALTH POLICIES

#### **Safety Policy**

- SIGNATURE is committed to providing a safe workplace.
- Safety is equally important to the company as production and quality.

#### Responsibilities for Safety

All employees are responsible for accident prevention in the work place.

Each and every employee is responsible for safety in the work place.

#### REPORTING REQUIREMENTS

- Job Hazards and Unsafe Conditions:
  - Always report any identified job hazards and unsafe conditions to their supervisors immediately.
- Accidents and Injuries: (As Soon As Possible)
  - Any Injury, illness or suspected injury or illness of any magnitude.
  - Any Damage to machinery, equipment, vehicles, buildings or property.

#### **Alcohol and Drug Policy**

- Possession of or being under the influence of any alcoholic product or non-prescribed drug while on company property or in company vehicles will result in appropriate disciplinary action.
- Always notify your immediate Supervisor if taking any prescribed medications that can affect your ability to perform your job safely.

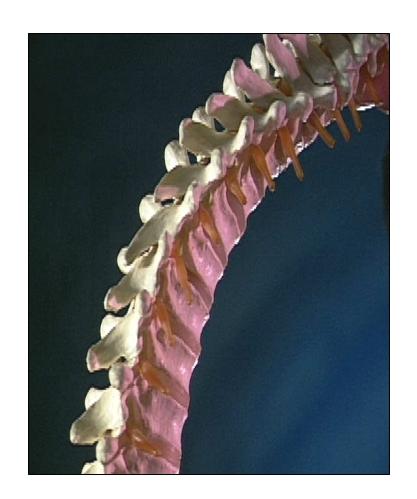
#### **Back Injury Prevention**



Safe Lifting Procedures and Techniques

#### **Back Parts**

- Vertebrae (back bone)
- Spinal cord
- Disks
- Muscles, ligaments, tendons

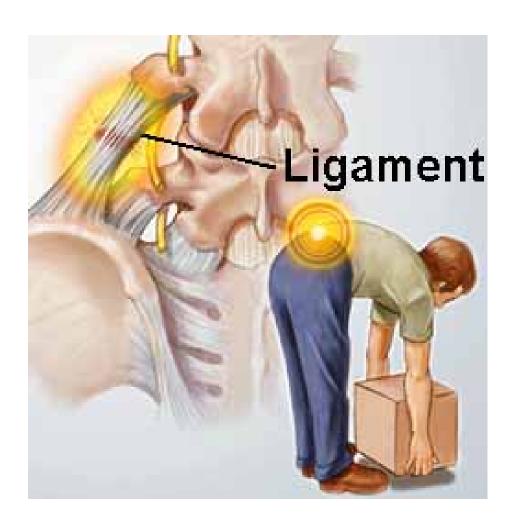


#### Causes of Back Injuries

- Improper lifting
  - Caused from arching the back or bending from the waist to lift putting the back in an unnatural alignment
- Poor posture
  - Not maintaining the natural S curve to the back and spine when sitting or standing
- Lack of conditioning or excess weight
- Degenerative conditions

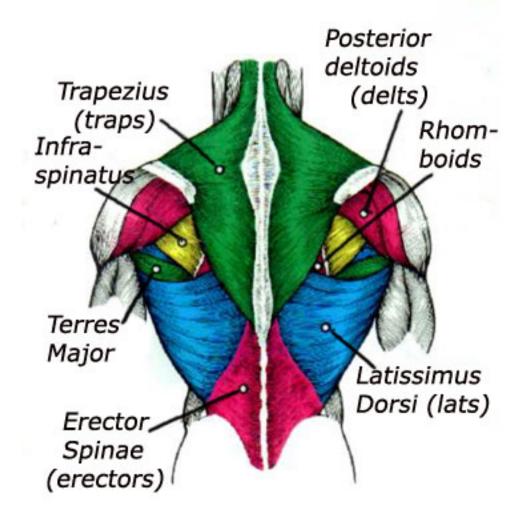
### **Types of Back Injuries**

• Torn ligaments



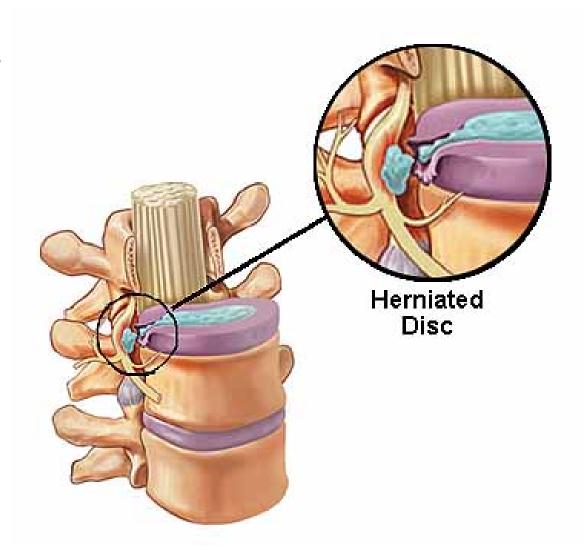
#### Types of Back Injuries

 Pulled or strained muscles



### **Types of Back Injuries**

• Ruptured or herniated disks



#### **Back Injury Prevention**

- NEVER lift materials beyond your means of lifting safely.
- What is the amount of weight than an employee can lift safely?
  - It is different for everyone depending on physical condition, age, weight, and size

#### **Back Injury Prevention**

- Before each lift, ask yourself:
  - Do I have to lift the material or can I use a hoist, dolly, or other lifting device?
  - If I have to lift the material, is it within the weight that I can lift safely or do I need assistance from one or more coworkers?

#### Planning the Lift

- Size up the load
  - —Test for weight
  - —Shape and size
- Clear the path
  - —Objects
  - —Tight doorways or corners
- Unloading zone

#### **Proper Lifting Technique**

- Stand close with feet shoulder-width apart
- Squat by bending your knees and hips
- Keep your back as straight as possible
- Pull the load close to your body
- Stand up, lifting with your legs and not your back



# **Proper Lift**



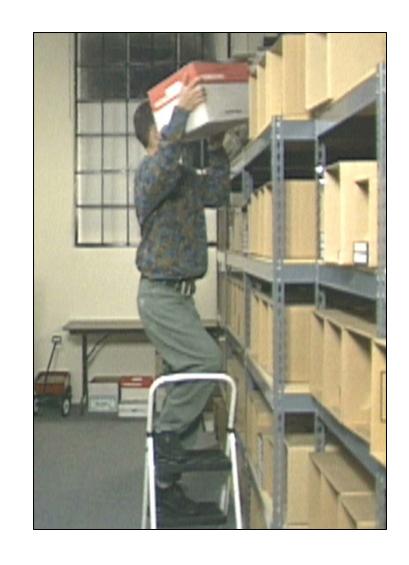
#### **Proper Unloading**

- Squat down with the load (reverse of lifting)
- Do not bend your back over the load



#### **Overhead Loads**

- Step up to where shoulders are level with the load
- Slide the load close
- Use your legs for lifting and support







#### HAZARD COMMUNICATION

# Safe Use of Chemicals and Potentially Hazardous Materials in the Workplace

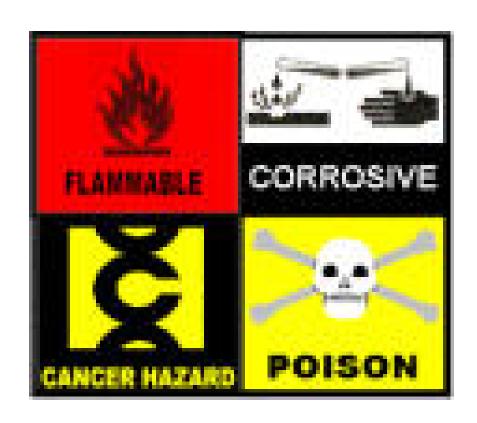


# **Container Labeling Requirements**

- Often chemicals and hazardous materials are transferred from the original container to other containers (cups, cans, spray bottles, etc.) for use.
- Always ensure containers of chemicals and hazardous materials are labeled with the following information:
  - Product Name
  - Hazard Warnings

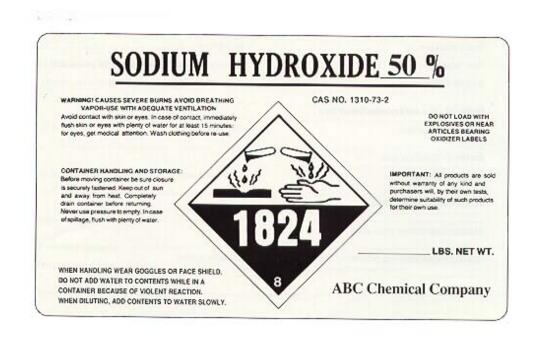
## **Container Labeling Requirements**

- Common hazard warnings include:
  - -Flammable
  - -Combustible
  - -Toxic
  - -Poison
  - -Corrosive
  - -Irritant



# **Container Labeling Requirements**

• Hazard warnings are located on original container labels and can be obtained from Material Safety Data Sheets (MSDS).





#### **Read Warning Labels**

• Always read and understand what the product is, what the hazards are and the proper safety measures and precautions that are required prior to using *ANY* product.



Ask your supervisor if you need assistance.

#### Material Safety Data Sheets (MSDS)

- Material Safety Data Sheets (MSDS) are chemical safety information:
  - Tells you about the chemical you are working with, what it can do to you and how to protect yourself and use the

chemical safely.

Material Safety Data Sheet May be used to comply with OSHA's Hazard Communication Standard, 29 CFR 1910.1200. Standard must be consulted for specific regulerments.	U.S. Department of Occupational Safety and H (Non-Mandatory Form) Form Approved OMB No. 1218-0072	ealth Administr	ration 🎸
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#### **Information on MSDS**

- Product Name/Identity (I)
  - What is the chemical or product
- Manufacturer Contact Information (I)
  - Who made it/How to contact them
- Hazardous Ingredients (II)
  - What the Product is Made of
  - (PEL,STEL,TLV)

#### **Information on MSDS**

- Physical and Chemical Characteristics (III)
  - Specific Gravity (float or sink)
  - Vapor Density (rise or settle)
  - Appearance and Odor
- Fire and Explosion Data (IV)
  - Flash Point (vapors burn not liquids)
- Reactivity Data (V)
  - Stabilization
  - Incompatibility

#### **Information on MSDS**

- Health Hazard Data (VI)
  - Routes of Entry into the Body
    - ✓ Inhalation
    - ✓ Ingestion
    - ✓ Skin
  - Health Hazards
    - ✓ Target Organs
    - ✓ Carcinogen (cancer causing)
  - Signs and Symptoms of Exposure
  - Emergency and First Aid Procedures

### **Information on MSDS**

- Special Precautions(VII)
  - Storage
  - Spill Control
  - Waste Disposal
- Control Measures(VIII)
  - Ventilation
  - Personal Protective Equipment
  - Work Practices



#### **Location of MSDS**

MSDS are available in these areas:

Master Copy – Assigned Office

Each vehicle has MSDS for commonly used

products.



# **Personal Protective Equipment**

Always utilize safety equipment as required by Material Safety Data Sheets.

# FLEET AND VEHICLE OPERATION SAFETY



## Qualification and Authorization

- Only authorized and qualified employees may operate company vehicles at any time.
- All employees and applicants are subject to verification of driving records at any time.
  - Always report any violations and accidents.

## Qualification and Authorization

- Employees must maintain a driving record within the driver eligibility system of the company to maintain insurability.
- Unauthorized passengers are never allowed to ride in company vehicles.

## **Vehicle Inspection**

- Each vehicle should be visually inspected prior to each shift by the operator of the vehicle.
- Vehicles that are not safe to operate will not be used.

- Operators must obey all traffic laws as well as warning signs.
  - Speed limits
  - Turn and lane change signals
  - Complete stops
  - Yield right of way
  - School and work zones
  - Following distances

- Seat belts must be worn at all times when operating vehicles.
- Operators must visually check all sides and behind the vehicle each time it is to be moved.
- Ensure that any external materials such as ladders are secure.
- Never operate a vehicle under the influence of drugs or alcohol.

- Operators must always maintain at least a 2 second interval behind the car in front.
- Operators must have a visual of the rear tires of the vehicle in front touching the road when stopped behind a vehicle.
- Before proceeding at an intersection, operators must look left, right, forward, and left again.

- Operators must yield to emergency vehicles and if possible move safely out of the way.
  - Do not violate traffic laws or warning signs to make way for emergency vehicles.
- Operators must not use cell phones or radios without hands free devices when operating vehicles.





## **ELECTRICAL SAFETY**

#### Flexible Electrical Cords

- Must not be repaired with electrical tape.
- Insulation must be replaced to match the original insulation (heat shrink sleeve).





#### Flexible Electrical Cords

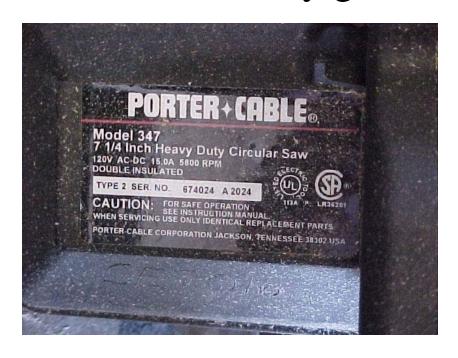
• Must be electrically grounded (3-prong plug into 3-prong receptacle)





#### Flexible Electrical Cords

- Exception to grounding:
  - Tools and equipment listed and labeled as "double insulated" do not have to be electrically grounded.





# **Electrical Equipment and Fixtures**

• Never use damaged or broken electrical fixtures.





# EQUIPMENT, MACHINERY, AND TOOLS

- Equipment, Machinery, and Tool Operation:
  - Employees must never attempt to operate equipment, machinery, or tools unless they are trained and authorized to do so by a supervisor or company official.
  - Employees must never use or operate equipment, machinery or tools that are unsafe to use or operate.

- Equipment, Machinery, and Tool Inspection:
  - Visually inspect equipment, machinery, and tools for electrical, guarding or other safety hazards or unsafe conditions prior to each use.
  - Check GFCI's on all electrical equipment for proper operation.

- Equipment, Machinery, and Tool Guards:
  - Never attempt to remove or bypass any safety guard or barrier on any equipment, machine or tool unless proper lockouttagout procedures are in place by an individual AUTHORIZED to lockouttagout machinery or equipment.
  - Never operate equipment, machinery, or tools without safety guards in place.

- Equipment, Machinery and Tool Safety:
  - Employees must never place hands, arms, or any part of their body in an area of equipment, machinery or tools where there are moving parts that can cause injury.
  - Loose clothing and jewelry must not be worn when operating equipment, machinery, or tools.
  - Long hair must be tied back when operating equipment, machinery or tools.

- Lockout-Tagout, Out of Service:
  - Employees must never attempt to operate equipment that has been locked out or that has warning signs indicating "DO NOT START" or "DO NOT OPERATE".



THIS MACHINE
MUST BE
LOCKED OUT
PRIOR TO
SERVICING.



NOT OPERATE

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Marie Springer

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#### HOUSEKEEPING

Maintaining a Clean and Organized Workplace

# Housekeeping

• The workplace and work vehicles must be kept in a clean and orderly condition at all times.





# Housekeeping

• Ensure all spills are cleaned up immediately to eliminate slip hazards.



# Housekeeping

• Always roll up and properly store any unused hoses, cords or cables keeping them away from walkways, stairs and aisles.





## **Food and Beverages**

• Never store or consume food and beverages areas where they could be contaminated by chemicals.





#### FIRE PREVENTION

In the Workplace

## Flammable - Combustible Liquids

- Flammable Liquid:
  - Flashpoint less than 100 F/37.8 C
- Combustible Liquid:
  - Flashpoint greater than 100 F/37.8 C
- Must be stored in proper containers with lids and covers closed at all times when not in use.
- Electrical and heat or spark producing equipment must be kept away from flammable liquids (at least 20 feet).



## Flammable Liquids

• Containers of 5 gallons or greater must be electrically grounded and bonded (connected) during transfer from one container to another to control static sparks.

# FIRE EXTINGUISHERS

**Use and Limitations** 

- Only trained personnel should use fire extinguishers.
- Employees must be aware of fire extinguisher locations in their work areas/vehicles.
- Fire extinguishers may be used only for the intended purpose.
- Employees must NEVER put themselves or others at risk or danger to use a fire extinguisher to fight a fire.



Types of fire extinguishers:

- A For use on combustible material fires.
- B For use on flammable liquid fires.
- C For use on electrical fires.
- D For use on combustible metal fires.
- ABC For use on all ABC type fires.

- Remove the unit from the designated location.
- Stand 10 to 12 feet from the base of the fire.
- **P**ull the pin.
- Aim the nozzle at the base of the fire.
- Squeeze the handle.
- Sweep from side to side.



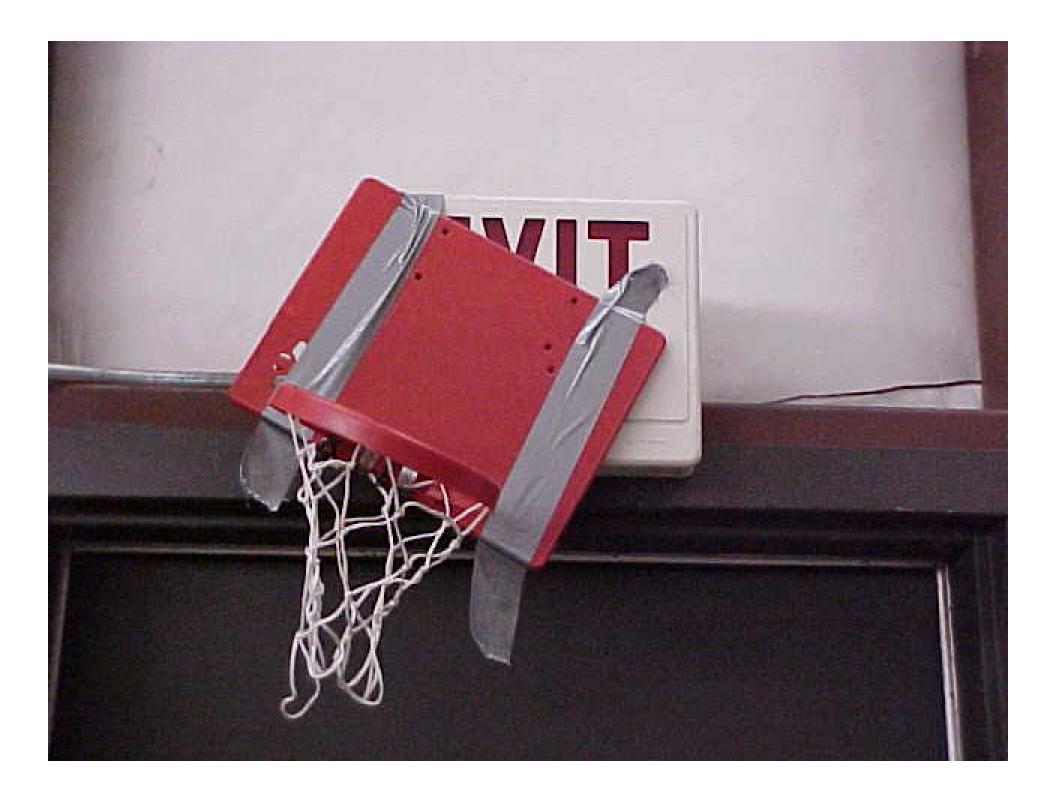
- Limitations
  - Fire extinguishers are intended for use on small fires in the beginning stages only.

## **EMERGENCY PROCEDURES**

**Evacuation / Weather** 

#### **Evacuation**

- Always be familiar with emergency escape routes at the locations where you are working.
- Never return to an evacuated building for any reason until instructed to do so by a company official.



#### Weather

- Be alert and aware of impending severe weather near your work area.
- If required seek shelter in central areas of buildings away from windows and doors.
- Never leave the weather shelter area until instructed to do so by a company official.
- Report to your Franchise Office as soon as possible.

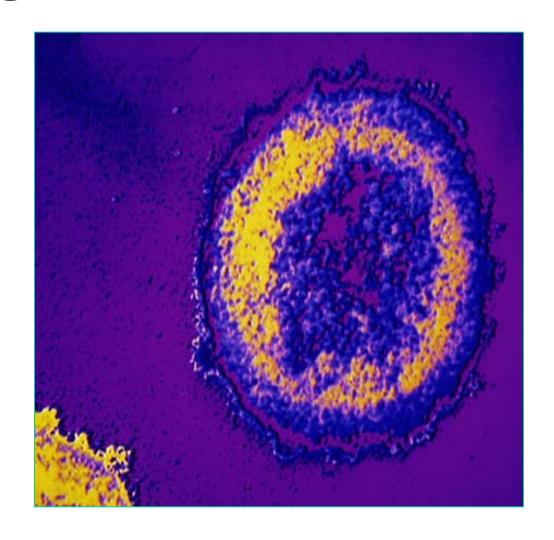
## Bloodborne Pathogen Exposure Control

What is a Bloodborne Pathogen?

Microorganisms that are carried in the blood that can cause disease in humans

# Common Bloodborne Pathogen Diseases

- Malaria
- Brucellosis
- Syphilis
- Hepatitis B(HBV)
- Hepatitis C(HCV)
- Human
   Immunodeficiency
   Virus (HIV)



### **Bloodborne Pathogens**

- Controlling Exposure:
  - Practice "Universal Precaution" whenever there is a possibility of coming into contact with blood or body fluids.
  - "Universal Precaution" means that you should treat all blood and body fluids as potentially infectious and protect yourself accordingly.

## Your Exposure Potential

- Work place injury
- Accidental contact with contaminated objects at assigned worksite
- Handling of any waste products that may contain blood.



# Personal Protective Equipment (PPE)



- Latex or Nitrile gloves
- Goggles, Safety Glasses
- CPR Mouth Barriers
- Aprons
- Respirators

#### **PPE Rules to Remember**

- Always check PPE for defects or tears before using
- If PPE becomes torn or defective remove and get new
- Remove PPE before leaving a contaminated area
- Do not reuse disposable equipment

## **Hand Washing**

- Wash hands immediately after removing PPE
- Use a antibacterial soap
- A hand sanitizer can be used but wash with soap and water as soon as possible.



## **Post-exposure Evaluation**

- Confidential medical evaluation
- Document route of exposure
- Identify source individual
- Test source individuals blood (with individuals consent)
- Provide results to exposed employee



## Hepatitis B Vaccination



- Strongly endorsed by medical communities
- Offered to all employees
- Provided at no cost to employees
- Declination form

# PERSONAL PROTECTIVE EQUIPMENT

Safety Glasses, Goggles

**Gloves** 

Respirators

**Clothing** 

Tyvek Suits

## Safety Eyewear

- Ensure proper eye protection is selected for the job or task.
  - Safety Glasses
  - Prescription Safety Lenses
  - Chemical Splash Goggles
  - Face Shields



#### **Protective Gloves**

- Gloves are required when:
  - Recommended by MSDS Sheets for chemical use.
  - When handling materials or object with sharp edges.
  - When required by a particular job or task.
- Gloves should never be worn when operating equipment or machinery with moving parts that could allow the glove to become entangled.



## Respirators

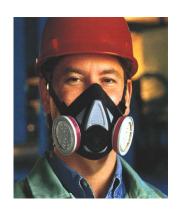
## **Tight -Fitting Coverings**



**Quarter Mask** 



**Full Facepiece** 



**Half Mask** 



Mouthpiece/Nose Clamp (no fit test required)

# Filtering Facepiece (Dust Mask)

A negative pressure particulate respirator with a filter as an integral part of the facepiece or with the entire facepiece composed of the filtering medium.



#### Service Life

The period of time that a respirator, filter or sorbent, or other respiratory equipment provides adequate protection to the wearer.

# End-of-Service-Life Indicator (ESLI)

A system that warns the user of the approach of the end of adequate respiratory protection; e.g., the sorbent is approaching saturation or is no longer effective.



## **Qualitative Fit Test (QLFT)**

A pass/fail fit test to assess the adequacy of respirator fit that relies on the individual's response to the test agent.



#### **Maintenance and Care**

- Provide each user with a respirator that is clean, sanitary and in good working order
- Clean and disinfect at the following intervals:
  - as often as necessary when issued for exclusive use
  - before being worn by different individuals when issued to more than one employee
  - after each use for emergency respirators and those used in fit testing and training





- Respirators and dust masks may be used only by trained and authorized personnel.
- Respirators and dust masks must be stored in clean closed containers (usually plastic bags) when not in use.
- Respirators and dust masks must not altered or changed from the original condition for use (do not cut headbands off).



#### **Use and Care of PPE**

- All Personal Protective Equipment MUST be:
  - Used as required and instructed
  - Maintained in clean, safe condition
  - Inspected daily by the user
  - Inspected periodically by supervisors
- Report damaged or defective personal protective equipment to your supervisor prior to use.

Questions???











#### **Conclusion**

- Questions
- Sign Attendance record.
- Complete Review Sheet.